BOURNEMOUTH



BAR & GRILL

VEGAN MENU

SMALL PLATES

Marinated Olives Crusty bread [G]	£7.50
Soup of the day Bread roll and flora [G]	£7.50
Tempura vegetables Sweet chilli sauce [G]	£7.50
Sautéed wild mushrooms on toast Rocket salad & balsamic glaze [D, G]	£9.00
MAINS	
Mushroom risotto Sautéed wild mushrooms, creamy vegan mushroom sauce, rocket & olive oil salad, balsamic glaze	£18.00
Authentic Red Thai Curry Mixed vegetables, coriander & roasted nuts [N]	£16.00
Falafel & spinach burger Toasted brioche bun, relish, fries [G]	£15.00
Nourish bowl Sticky rice, vegan mango mayo, edamame beans, carrots, cucum radishes, coleslaw, mixed seeds, spring onions and chilli	£14.00 aber,
DESSERTS	
Lemon berry delice Summer compote [S]	£8.00
Banana and date sticky toffee pudding [G, S]	£9.00
Fresh fruit salad	£6.95

ALLERGEN GUIDE: [C] Celeriac, [Cr] Crustaceans, [D] Dairy, [E] Egg, [G] Gluten, [F] Fish, [Mo] Molluscs [N] Nuts, [S] Soya If you have any questions, allergies, or intolerances, or need help with our allergen information, please let us know before ordering.

*Contains alcohol. Fish dishes may contain small bones. If you require more information, please ask your server.