

# Spa Days

BOURNEMOUTH  
West Cliff  
HOTEL



## PAMPERING SPA DAY WITH CREAM TEA £45 per person

Includes:

- 1x 25 minute treatment (Choose from Swedish back, neck & shoulder massage, Elemis taster facial, file & varnish hands or file & varnish feet)
- Full use of Health Club & Spa facilities (including the gym, fitness pool & spa facilities)
- Afternoon cream tea served between 12pm & 5pm
- Robe & slippers

## PAMPER TREATMENTS UPGRADES

From £45 per person

- 1 treatment £45
- 2 treatments £75
- 3 treatments £105
- 4 treatments £135

### Afternoon tea upgrade

- Upgrade for just £7.50pp

### 2 course lunch upgrade

- Upgrade for just £10pp

Please speak to a  
member of the team  
for full details

## BESPOKE SPA DAYS WITH 2 COURSE LUNCH £35 per person plus £40 per hour treatment

Includes:

- Full Body Massage
- ELEMIS one hour facial
- Luxury Manicure
- Luxury Pedicure
- ELEMIS Body Wrap
- Two course lunch with glass of Prosecco
- Full use of Health Club & Spa facilities (including the gym, fitness pool & spa facilities)
- Robe & slippers

**Bournemouth West Cliff Hotel**  
Durley Chine Road, Bournemouth BH2 5JS  
Tel: 01202 751000  
[spa@bournemouthwestcliffhotel.co.uk](mailto:spa@bournemouthwestcliffhotel.co.uk)  
[www.bournemouthwestcliffhotel.co.uk](http://www.bournemouthwestcliffhotel.co.uk)

# Spa, Pool & Gym Membership



## Discover Bournemouth's best-kept spa and leisure secret

The only leisure venue of its kind in Bournemouth to offer not one, but two indoor swimming pools, the West Cliff Spa, Pool and Gym is a four star haven of relaxation and recreation.

### Off-Peak Membership

Monday - Friday 9.00am - 5.00pm

- Individual - £30 per month, 12 month contract\*
- Joint - £56 per month, 12 month contract\*
- Annual individual - £325 paid up front
- Annual joint - £650 paid up front

### Peak Membership

Monday - Sunday 7.00am - 9.30pm

- Individual - £38 per month, 12 month contract\*
- Joint - £71 per month, 12 month contract\*
- Annual individual - £420 paid up front
- Annual joint - £840 paid up front

### Non Members (pay as you go)

- Spa use £20 per person (16+ years)
- Gym & Swim £10 per person (16+ years)
- Child Swim £5 (under 16 years)

### Children

- £13.50 per month
- Under-16 members may only use upstairs pool and must be accompanied at all times by a responsible adult.

### PLUS all of these exclusive member discounts:

20% off **spa treatments**

20% off **food and drink**

25% off **accommodation**

Subject to availability. \*Paid by Direct Debit.

### Facilities

- Fitness indoor pool
- Spa pools
- Sauna
- Steam room
- Jacuzzi
- Aromatherapy cave
- Relaxation lounge
- Five beauty treatment rooms
- Gym area with new gym matrix CV machines
- Free weights
- Classes (charges apply)
  - Aqua fit 9.50 Monday & Thursday
  - Zumba
  - Rebound
  - Yoga
- Free car parking

### Opening Hours

- **Spa**  
Monday - Sunday  
8.00am - 8.00pm  
Last entry at 7.30pm
- **Spa Treatments**  
Monday - Sunday  
10.00am - 6.00pm
- **Main Pool & Fitness**  
Monday - Sunday  
7.00am - 9:30pm.  
Last entry at 9.00pm