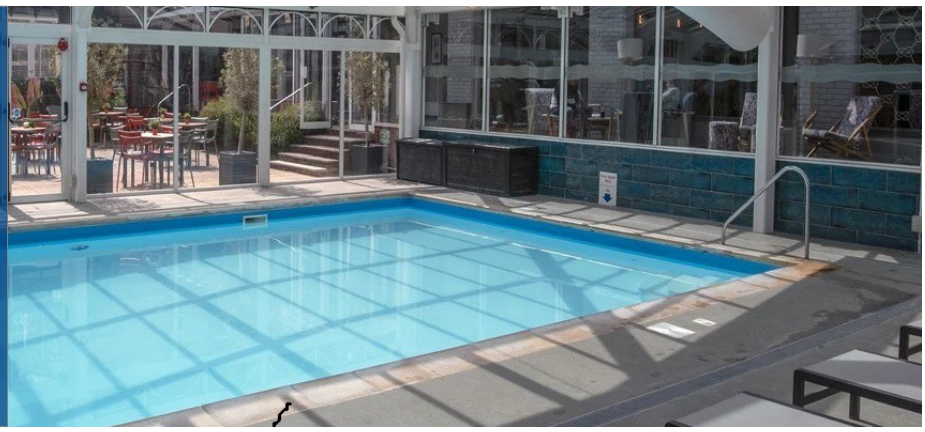
Weekly Class Timetable



Monday		
Yoga:	10am - 11am	Member: £5 Guests: £12
Children Swimming Lessons	9.30-1pm & 4pm-7.30pm	
Tuesday		
Zumba	10-11am	Member: Free Guests: £5
Candlelit Yoga:	6pm - 7pm	Member: £5 Guests: £12
Children Swimming Lessons	9.30am - 11.30am 3.30pm - 7.30pm	
Wednesday		
Yoga:	10am - 11am	Member: £5 Guests: £12
Legs, Bums & Tums:	6.30pm - 7.30pm	Member: Free Guests: £5
Children Swimming Lessons	3.30pm - 7pm	
Thursday		
Children Swimming Lessons	9.30-12.30pm & 3.30-7pm	
Friday		
Aqua Fitness:	8am – 8.45am 9am – 9.45am	Member: Free Guests: £5
Yoga:	10am – 11am	Member: £5 Guests: £12
Children Swimming Lessons	10am-1pm & 3-7pm	

BOURNEMOUTH West Cliff HOTEL